



TEMPLE BETH TORAH

A Reform Jewish Congregation
Member, Union for Reform Judaism



UNION FOR **MEMBER**
REFORM JUDAISM
האיחוד ליהדות רפורמית
SERVING REFORM CONGREGATIONS IN NORTH AMERICA

www.bethtorah.net

Sivan 5775—Elul 5775

June 2015—August 2015

UPCOMING EVENTS

June 9	Ladies Book Club	7:30 PM
June 12	Shabbat Service	7:30 PM
June 13	Rasdolsky Bat Mitzvah	10:00 AM
June 16	TBT Board Meeting	7:30 PM
June 19	Shabbat Service	7:30 PM
June 20	Stawasz Bat Mitzvah	10:00 AM
June 26	Shabbat Service	7:30 PM
June 27	Wieder Bar Mitzvah	10:00 AM
July 10	Shabbat Service	7:30 PM
July 11	Seidenstein Bat Mitzvah	10:00 AM
July 21	TBT Board Meeting	7:30 PM
August 18	TBT Board Meeting	7:30 PM
August 21	New/Prospective Member Shabbat	7:30 PM
August 22	Garcia Bar Mitzvah	10:00 AM

**Proper attire is encouraged at all services.
Please see the weekly Blast for Chaverim listings**

Temple Beth Torah Contact List

Main Number & Mailing Address

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Irwin Kaplan (703) 542-6029

Do you have concerns or questions for the Temple Beth Torah Board ?

This is YOUR synagogue and we want to hear what you have to say. You can e-mail Ombudsman, Joel Wasserman at wasserman.joel@gmail.com or (703)327-3560 and your questions will be brought up at the next board meeting. Please include your phone number and when is the best time to reach you. We look forward to hearing from you!

DIRECTIONS TO BUILDING

4212-C Technology Court, Chantilly, VA 20151

From Route 66 - Get off at Route 28 North. Go North to Route 50 West. Travel west on Route 50. Turn left on Pleasant Valley Rd. Turn left on Lafayette Center Dr. Turn left on Technology Court.

Chaverim Groupings for Shabbat Services, Oneg and Set-up

Complete details, schedule, and contact information available at www.bethtorah.net. Please do your part as a TBT member. It is your responsibility to contact your group to coordinate food, drinks and set up. If you can not attend on your given date please switch with someone from another group and inform your Chaverim of the change.

It is your responsibility to find a substitute.

Chaverim selections can be found on Sign Up Genius. The link is on bethtorah.net.

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Visit the TBT website at: bethtorah.net

A Message from the President

Linda Sue Wever

On Sunday, May 3, 2015, TBT held our Annual Meeting where the members present voted on the amended By-Laws, elected the 2015-2016 Board of Directors, reviewed the yearly budget and heard the President speak about the State of the Temple. Below is her complete speech as presented during the Annual Meeting.

“State of the Temple”

Good afternoon. Thank you for entrusting the Temple affairs to me for another year. Thank you to all the Board that have worked with me this past year and for those that are leaving the Board, a great big THANK YOU for your service and dedication. The foundation of TBT is built upon the dedication and commitment of folks like you and we couldn't operate without you. We hope that you'll continue to provide service to the Temple but in other ways in the year to come. And to the new Board and those that are continuing their service, I am so excited to have you join us and am confident we will continue the hard work that this last Board has done and make an even more positive impact on TBT this upcoming year. The state of Temple Beth Torah is good, not very good, but good. Why? Because the day-to-day of today will not be very good for the day-to-day of tomorrow and the next day, next year, and so on.

We have accomplished much this year. We have put up the Tree of Life and have a nice amount of dedications added to the tree to get us on our way, with more to hopefully come. We have amended our by-laws, designed a brochure to be in the sanctuary that outlines our customs and protocols, tightened up our security and are getting ready to implement new measures comes the new school year. We even did something that I think is unprecedented here at TBT, we cancelled our Friday night Shabbat Services to attend services in support of another Temple in our backyard who were being targeted. We had a great turnout of about 30 TBT members and stood unified

in our aim to combat hatred and anti-Semitism through peacefully bringing in Shabbat. It was truly meaningful to all who were in attendance. We at TBT have a voice and count especially here in Northern Virginia where our numbers are much more limited than where many of us grew up - Philly, New Jersey and New York.

However, in order for our congregation to move from a state of good to a state of very good, we need to grow and we need to bring in more revenue. Our numbers need to increase over the next year, not decrease. We need people donating more and not less. With each year, our expenses here at TBT grow and if our congregation and membership doesn't grow we will not be able to continue to be a place of Jewish learning, Jewish community and Jewish fellowship. We will just cease.

I will be setting up a committee to begin work on ways to incentivize members to give more and to recognize members who have done so both in the past and in the year to come. Stay tuned for more information in the weeks and months to come, but in the meantime, I need each of you to challenge yourselves, as I said during last year's High Holidays, to give more. Take the time this year to make a new Jewish friend and to bring them in to see what a wonderful community we have built here in a tiny little industrial park in Western Fairfax County. Let them in on the secret that is TBT; let them share in that which we hold so fondly because without your efforts and new membership, next year's President will be standing up here saying that the State of the Temple is not very good and not even good. Let's make a promise together that we will try and break new membership numbers and donations of years past and make 2015-2016, the

Continued on p.4

President continued:

year to beat as the best yet at TBT. I am so proud and honored to be a part of Temple Beth Torah and want to be able to have it standing here for many more generations to enjoy and to partake and for many more Presidents to stand up here and say those 7 little words – The state of the Temple is Excellent.

Thank you and B'Shalom.



Twelve Tribes
TBT Fifth Grade

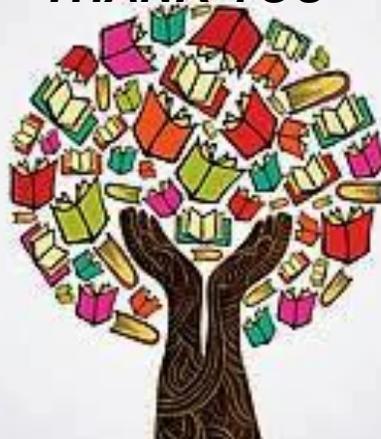
SUPPORT TBT WHILE SHOPPING ON AMAZON!!

There is a new way to contribute to Temple Beth Torah!!! From now on, before you start shopping on Amazon, start with the link on the bottom of the Temple Beth Torah home page at

bethtorah.net.

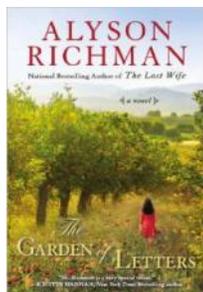
Amazon will contribute to TBT every time you make a purchase after using the link.

THANK-YOU



TO ALL OF OUR RELIGIOUS SCHOOL TEACHERS

TBT Ladies Book Club



Please join us for this "pot-luck" style book club that meets every OTHER month on the second Tuesday of the month. This club is open to all TBT women. Plan to bring a drink or appetizer to share! Our book for **June 9th** is The Garden of Letters by Alyson Richman. You don't have to read the book to enjoy book club!

Portofino, Italy, 1943. A young woman steps off a boat in a scenic coastal village. Although she knows how to disappear in a crowd, Elodie is too terrified to slip by the German officers while carrying her poorly forged identity papers. She is frozen until a man she's never met before claims to know her. In desperate need of shelter, Elodie follows him back to his home on the cliffs of Portofino.

Only months before, Elodie Bertolotti was a cello prodigy in Verona, unconcerned with world events. But when Mussolini's Fascist regime strikes her family, Elodie is drawn into the burgeoning resistance movement by Luca, a young and impassioned bookseller. As the occupation looms, she discovers that her unique musical talents, and her courage, have the power to save lives. In Portofino, young doctor Angelo Rosselli gives the frightened and exhausted girl sanctuary. He is a man with painful secrets of his own, haunted by guilt and remorse. But Elodie's arrival has the power to awaken a sense of hope that Angelo thought was lost to him forever.

A Message from the Rabbi

Kenneth Block

The "Kein Ayin Hara" or "Kina Hora" or "Ein Kina Hora" Syndrome



"May the Evil Eye be Averted"

I volunteer for the Jewish Council for the Aging of Greater Washington. To learn more about JCA and its programs visit www.accessjca.org. I do mobility outreach presentations, assist in 2 day riding the Metro training, represent JCA at health fairs and senior fairs (along with staff ,)do phone intakes for Connect-A-Ride, and other projects as assigned. I don't do all of this every week, I volunteer 10 to 12 hours a week. The outreach presentations I do by myself, when there is a table at any kind of a fair I am assisting 1 of 2 staff members and they are always the same 2 staff because part of their job is representing JCA. By assisting, only one of them has to be out of the office at a time. A couple of fairs ago one of the staff noticed a unique phenomena and we started to pay attention to what she called "the Kina Hora syndrome".

We describe the various programs and hand out literature. What she noticed was that individuals clearly in need of the program rejected any discussion of the program. They were afraid that by having information about transportation options they would no longer be able to drive. Reading about escorted taxi rides would instantly mean that they would need the service. An example will make it clear. A woman 10 years my senior, using a walker approaches. And one of us says: "JCA's Connect-A-Ride program offers information about mobility options for seniors." "What are you wishing on me," she snaps, "that I shouldn't be able to drive." In her mind a Kina Hora. By looking into transportation options her ability to drive will vaporize.

How about the elderly gentleman who insists that: "I can drive myself anywhere I want to go. I don't want to talk to you." Again, looking or hearing about driving options will change you?

My dear reader do not be mistaken you do believe in the "evil eye". Even as you are reading this you are thinking "I don't, but I know someone who does."

"Do you own a cemetery plot?"

"Don't give me a Kina Hora, Rabbi."

"Are you prepared for the meeting on Tuesday?"

"Don't give me a Kina Hora, Rabbi."

"Is everything ready for the Bar Mitzvah?"

"Don't give me a Kina Hora, Rabbi."

Continued on p. 6

Rabbi Continued:

"When did the doctor schedule the operation?"

"Don't give me a Kina Hora, Rabbi."

"We could have an earthquake here in DC!"

"Don't give us a Kina Hora, Rabbi."

"I understand that your going on a cruise to Alaska. "

"Don't give us a Kina Hora, Rabbi."

"Are you having a boy or a girl?"

"Don't give me a Kina Hora, Rabbi."

Should I continue? I can and will.

Human beings strongly believe that talking about something that we don't want to turn out badly, will turn out badly if we talk about it. How weird. If we believe that saying something makes it happen. Then tell me that I am the Mega Millions winner this week. Or, I will be awarded the Noble Prize in physics next year. Or, I am the first round draft pick for the NBA. You readily admit that these statements are absurd. Telling me any of those things will not make them happen. Yet if I tell you there are other options to go places that do not involve your driving, you immediately scream Kina hora!

It is the "the Kina Hora syndrome" that keeps us from being happy and accepting what is. I am going to be 70 years old a year from August. "Rabbi, don't say that, your going to give yourself a Kina Hora!" How ludicrous I am either going to live to be 70 or not. Talking about it will not change that. "Ethel, if they continue to aggravate me I will be joining you!" Lifestyle and genes have an effect on health and length of life, talking about how old you are does not. So far everyone who who has had trouble dealing with aging by denial or saying "Kina Hora" has become older. I would rather focus my energy on enjoying getting older than focusing my energy on denial.

Which leads us to a rule/observation/axiom/teaching. A belief or behavior is ok unless it:

- ♦ causes harm to the self or others (physical and/or mental)
- ♦ prevents one from living a happy and productive life
- ♦ promotes destruction and mayhem
- ♦ embarrasses our spouse or children

Please don't let me stop you from saying "Kina Hora" in order to prevent events from happening that are beyond your control and thinking that the event will be avoided. Your choice, denial or acceptance. Kina Hora!

Thank-You for Your Donation

Ward Family	Support new High Holiday books	Prayer Book Fund
McCrorry Family	Honor of Emmett's baby naming	General Fund
Milberg Family	In Loving Memory of Jack Davis	Rabbi Fund
Geraldine Chelnik	In loving Memory of Marilyn Morgan	General Fund

A Message from the Cantor

Jinny Marsh

Quotes About Carpe Diem - Seize the Day!!!

"Seize the moment. Remember all those women on the 'Titanic' who waved off the dessert cart."

— Erma Bombeck

"Yesterday is gone. Tomorrow has not yet come. We have only today. Let us begin." — Mother Teresa

"Forever is composed of nows."— Emily Dickinson

"Dream as if you will live forever; Live as if you will die today."— James Dean

"Happiness, not in another place but this place...not for another hour, but this hour."— Walt Whitman

"Do anything, but let it produce joy."— Walt Whitman, Leaves of Grass

"If you don't take risks, you'll have a wasted soul." — Drew Barrymore

<http://www.goodreads.com/quotes/tag/carpe-diem>

Chaverim (*friends*),

I would like to take this opportunity on behalf of Temple Beth Torah to thank Heidi and Robert Hirsh for their generous gift of an acoustic guitar to our Temple. Your gift is appreciated and we will be using your guitar in T'fila services on Sundays.

To All at TBT Enjoy a happy, healthy and safe summer!

A Message from the Education Director

Betsy Roth

Shalom TBT families,

It is my honor this time of year to honor our 'graduating' seventh grade class. As part of our TBT B'nai Mitzvah year curriculum, each of our students chooses a Mitzvah Project to implement. Careful thought and planning goes into our students projects. Our students learn what it is to see the world through a lens of Jewish values. They take these lessons and turn them into a rich and meaningful 'project' that impacts our own community and beyond. It is a far reaching life-long lesson to realize how a young person can change the world.

Here are summaries of our students' projects:

Carly Rasdolsky: Carly's upcoming Mitzvah Project will involve educating, raising awareness, and obtaining both monetary donations and other needed items on behalf of rescue dogs. Her main goal is to educate people about adoption rather than purchasing a dog from a breeder. There are too many instances of rescue dogs being put to sleep because no one will adopt them.

Will Wieder: Both his grandpas have had diabetes. To help find a cure Will has decided to gather donations for the cause and donate them to a charity that is fighting for a cure. In honor of his grandpas, Will ran in a 5k to raise funds and awareness about this disease.

Manny Garcia: Upcoming Bar Mitzvah Project; Manny is planning on volunteering at a local food pantry.

Lillie Jerome: Raised money for The Service Dogs of Virginia. In order to raise money, the Jerome family had a doggie bake sale and plan to have a dog wash in May or June. So far we've raised a total of about \$150.

Matthew Kravchick: Coats of Many Colors - coordinated a winter coat/clothing drive here at TBT for the Interfaith Clothing Center in Rockville, MD. He collected 75 coats and other winter clothing and accessories to help the needy in Montgomery County, MD stay warm this past winter. The "coats of many colors" drive was based on Matthew's Torah portion about Joseph and his beautiful coat of many colors.

Rachel Kaplan: Rachel's Mitzvah Project was to create welcome kits for the Katherine K. Hanley Family Shelter in Fairfax, VA (www.shelterhouse.org), which provides temporary housing for homeless families. Rachel's thought was to create a kit containing soap, shampoo, a washcloth, toothbrush and toothpaste for new residents at the shelter. Rachel created 50 kits.

Aidan Stawasz: Aidan's Mitzvah Project, he helped shovel snow from around the cars at the senior community where his grandparents live. There were plenty of opportunities this winter for Aidan to complete this service project. As a thank-you, some of the residents in the community made a donation in Aidan's honor to the Parkinson's Foundation, a charity near and dear to the hearts of Aidan's grandparents.

David deGuzman: David's Mitzvah Project has several parts. The main part was to become involved with the Jewish War Veterans. He was put in touch with a Jewish War Veteran, Commander Meyers who came to TBT on Veteran's Day and spoke to the lower grades in their classrooms and spoke to the upper grades in the sanctuary during T'filah. He also created a menorah including a military theme that was donated to the Jewish War Veteran's museum in Washington, DC. At his Bar Mitzvah David recognized his "twin," Boris Guzman, who died in the Shoah. Lastly, he continues to participate in the Race for the Cure in memory of cousin Gisella deGuzman.

Louis Borsato: Louis researched the web to find the US Soccer Foundation 'Pass Back' program to connect us to families too poor to afford soccer gear. He got the word out and collected money donations by doing yard work, pet sitting and lemonade stand and gathered soccer equipment from our TBT community. To date, he has collected \$275 for new equipment & over 300 pieces of gently used soccer gear for those less fortunate kids.

Aelliana Seidenstein: For her upcoming Bat Mitzvah, Aelliana intends to collect arts and crafts supplies and work with kids in a local shelter.

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Education continued:

Harrison Dennard: A quote by his ‘Aunt,’ “THIS loving and considerate nephew, named Harrison, donated special blankets that he had made, to keep Chemo patients warm - at the facility where I get treatments. The world is a better place with Harrison in it and I am proud to have him in my life.”

Congratulations to the Confirmation Class of 5774



**Brianna Kabalkin
Marissa Kaplan**

**Max Schendell
Max Rojtman**

Congratulations to Devin and Mac McCrory on the birth of their son Emmett.

Congratulations to Julie and Adam Lenfestey on the birth of their son Solomon.



YAHRTZEITS



Member	Remembers	Relationship	Date Passed Away
Eric Wieder	Ronnie Wieder	Mother of Eric	6/2/2008
Audrey & David Lipps	Bernard Lipps	Father of David	6/4/2002
Barbara & Joseph Sutliff	Lisa Chester	Cousin of Barbara	6/6/1987
Barbara & Joseph Sutliff	Gloria Moreno Sutliff	Mother of Joe	6/6/2009
Richard Berger	Muriel Berger	Mother of Richard	6/10/2014
Bonnie & Earl Schendell	David Brownstein	Brother of Bonnie Schendell	6/11/2014
Cindy Minionis	Jack Toledo	Grandfather of Cara	6/18/2012
Linda Sue Wever	Beverly Yanoff	Mother of Linda Sue Wever/GM of Justin, Olivia & Dylan Brown	6/18/1997
Josie & David Barondess	Fischel Fred Spiegel	Uncle of David	6/19/1971
Joanne & Rob Doolittle	Janet Weiner	Mother of Joanne	6/19/2008
Daria & Jeffrey Parnes	Anna Botsko	Grandmother of Daria	6/25/1983
Audrey & David Lipps	Meyer Lipps	Grandfather of David	6/27/1976
Elizabeth & Bruce Brotman	Victoria Brotman	Mother of Bruce	6/29/2013
Audrey & David Lipps	Evelyn Safran Barnett	Grandmother Audrey	6/29/1997
Lauren & Brian Craypoff	Libby Schreiber	Grandmother of Lauren	6/30/2011
Melissa & Jay Margolis	Louis Serota	Grandfather of Melissa	7/X/1985
Barbara & Joel Wasserman	Abraham Kamens	Grandfather of Barbara	7/1/1977
Barbara & Joel Wasserman	Dan Davis	Grandfather of Barbara	7/1/1993
Barbara & Joel Wasserman	Irving Wasserman	Father of Joel	7/3/1985
Lorraine Newman & Peggy Vegosen	Pamela Newman Krosney	Sister to Peggy & Daughter to Lorraine	7/4/2014
Joyce & Brian Goodman	Jeanne Goodman	Mother of Brian	7/5/1991
Joanne & Darcy Wertz	Evelyn Linchuck	Mother of Joanne	7/5/1972
Lori Childers	Ida Rappaport	Grandmother of Lori	7/7/2011
Brej Gruskin & Glen Asner	Jack Lebengerg	Grandfather of Brej	7/8/2001
Sue Reitzig/Caryn Hutson	Maurice Love	Father of Sue/GF of Caryn	7/11/2004
Marcie & David Wise	Rufina Padilla	Grandmother of Marcie	7/12/1984
Josie & David Barondess	Belle T Barondess	Grandmother of David	7/13/1977
Anne & Michael Beaudreau	Ruth Kornfeld	Grandmother of Anne	7/13/1985
Anne & Michael Beaudreau	William Wasserstrom	Cousin of Anne	7/13/2009
Barbara & Joseph Sutliff	Shirley Iancu	Mother of Barbara	7/13/2006
Linda Mitchell	Don Mitchell	Husband of Linda	7/17/2012
Beth & Ron Glaser	Richard Glaser	Brother of Ronald Glaser	7/20/2011
Lori & Eric Kravchick	Murray Prince	Grandfather of Eric	7/25/1980
Kathy Hertz	Max Scheman	Grandfather of Kathy	7/27/2007
Brej Gruskin & Glen Asner	Susan Gruskin	Mother of Brej	8/1/2007
Shari Curtiss	Anne Ikenson	Great Aunt of Shari	8/1/2001
Mary & Jeff Horner	Sarah Horner	Grandmother of Jeff	8/x/xx
Melissa & Jay Margolis	George Ritsick	Cousin of Melissa	8/X/2003
Melissa & Jay Margolis	Claire Oppenheim	Grandmother of Melissa	8/X/2005
Gail & Howard Sulkin	Albert Bisk	Brother & Uncle	8/1/1969
Nancy Watson	Steven Rosen	Uncle of Nancy	8/1/2000
Shari Curtiss	Cele Feuer	Grandmother of Shari	8/2/1993
Lisa Farrell	Samuel Waxler	Grandfather of Lisa	8/4/2004
Melissa & Jay Margolis	Richard Oppenheim	Father of Melissa	8/4/1990
Gerry Chelnik	Max Chelnik	Father of David	8/11/xxxx
Linda Mitchell	Manuel Nachman	Father of Linda/GF of Mike Cohen	8/13/1984



YAHRTZEITS



Member	Remembers	Relationship	Date Passed Away
Barbara & Joseph Sutliff	Sydney Mostov	Uncle of Barbara	8/13/2001
Barbara & Joseph Sutliff	Merle Polen	Cousin of Barbara	8/15/2002
Josie & David Barondess	Earl D Spiegel	Uncle of David	8/18/1943
Daria & Jeffrey Parnes	Stanley Makowski	Father of Daria	8/20/2002
Barbara & Joseph Sutliff	Joseph Iancu	Grandfather of Barbara	8/21/1967
Dorothy & Donald Lewy	Miriam Lewy	Mother of Don	8/22/1996
Barbara & Joseph Sutliff	Henry Hartman	Uncle of Barbara	8/23/1980
Barbara & Joseph Sutliff	Eve Hartman	Aunt of Barbara	8/23/1997
Ken Weinstein	Marcus Leroy Weinstein	Father of Ken	8/23/2000
Nancy Watson	David Rosen	Grandfather of Nancy	8/24/2001
Shari Curtiss	Leonard Cohen	Brother of Shari	8/25/2013
Marcia Gottesman	Joseph Gottesman	Father of Marcia	8/25/1997
Karen & Matthew Bender	Sonia Boltan	Grandmother of Karen	8/27/1994
Deborah Mayer & Todd Hillman	Adrienne Mayer	Grandmother of Deborah	8/27/1982
Craig Cheifetz	Carl B Cheifetz	Father of Craig	8/29/2000
Tamara Yaunches	Monroe Brooks	Grandfather of Tamara	8/30/1977
Tamara Yaunches	Eileen Simon Brooks	Grandmother of Tamara	8/31/2011



MAY THEIR MEMORY BE A BLESSING
אֲנִי יוֹדֵה לְפָנֶיךָ יְיָ אֱלֹהֵינוּ

The Temple Beth Torah Yahrzeit Memorial Wall is a way to honor the memories of our departed loved ones. It is displayed in our sanctuary. A light will burn next to their name on all yahrzeit and yizkor observances.

The order form can be found on our website at bethtorah.net. Click on Make a Contribution on the top right of the Home page.

LIFECYCLE EVENTS

We will be featuring a Lifecycle Events section in upcoming issues of our newsletter so TBT members can help support each other through life's ups and downs. If you have a lifecycle event, such as a birth, death, engagement, or other exciting news, that you would like to share with TBT members, please contact Amy Moss at amyedits@icloud.com.

New Electronic TBT Newsletter

In an effort to conserve funds and go green, the TBT newsletter will be transitioning to electronic-only in 2015. The newsletter will be e-mailed to congregants and posted on our website at <http://bethtorah.net>. If you would like to continue receiving a hard-copy version of the newsletter, please contact Amy Moss at amyedits@icloud.com , 703-585-5395

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